

GENERAL INFORMATION FOR SKATERS

WHAT SHOULD YOU WEAR? Even though you are skating in an indoor facility, you should dress warmly, and comfortably. Layered clothing works best, and waterproof pants, such as snow or wind pants are recommended for children. Gloves or mittens should be worn but most skaters find hats unnecessary.

SAFETY EQUIPMENT: Helmets are mandatory for all beginning skaters ages 10 and under, and are strongly recommended and encouraged for ALL skaters. Knee and elbow pads can help protect you from bruises and other injuries. Remember, however, that falling is a normal part of the learning process.

ICE SKATES: You must provide your own ice skates (figure or hockey). If you prefer, you may rent skates at the skate rental shop located in the lobby of the ice rink facility. All skaters must use single blade skates.

RINK PROTOCOL: Parents are welcome and encouraged to stay at the rink while their children are on the ice. There is ample bleacher space from which to observe the skating lessons. Under no circumstances will anyone be permitted on the ice rink without skates. All skaters must be enrolled in the Program and have a signed medical/liability release on file.

HOW ARE THE GROUPS ORGANIZED? Primarily by skill level and secondarily by age group, with 6-8 per group. Adults have their own instructional groups.

WHAT IF YOU MISS A CLASS? There are NO MAKE-UP CLASSES available for the Summer Session.

HOW DO I REGISTER? Fill out the form below and mail with \$25. deposit to PO Box 3868, Albany, NY 12203. Checks payable to Over The Edge, Inc.

WHEN DOES THE NEXT SESSION START? Check our website at www.overtheedgeiceskating.com for Fall Session dates and times.

R E G I S T R A T I O N

Skater's Name _____ Age _____ Parent's Name _____

Address _____

Phone # _____ email address _____

Skating experience: never skated ___ ; skates forward ___ ; skates backward ___ ;
crosses over forward ___ ; backward ___ ; took prior lessons ___ ; if so, for how long _____

Enrolling in: Learn-To-Skate ___ ; Basic Skills ___ ; Step-Up To Freestyle ___

Medical / Liability Release

In consideration of participating in **Over The Edge, Inc.** ice skating and related activities, I acknowledge that I understand the nature of the Activity and that I and/or my minor child am in good health, and in proper physical condition to participate in such Activity.

I fully understand that ice skating involves risks of serious bodily injury, and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of participation in the Activity.

Aware of the risks and willing to assume them, I hereby waive, release and agree to hold harmless **Over The Edge, Inc.**, the ice rink facility, their respective owners, administrators, directors, agents, officers, coaches, volunteers, employees, and other participants from any and all claims by me or on my behalf for any liability, injury, loss or damage in any way connected with my participation in the Activity.

I currently have, and agree to maintain throughout the time of participation, valid and sufficient medical and accident insurance. I understand that this is my sole responsibility and release all persons and entitles from providing this coverage for me.

I have read this release and waiver of liability, assumption of risk and indemnity and fully understand it

Signature of Participant (or Parent or Guardian, if under 18 years of age):

Date _____